



IMPACT REPORT 2025

Improv for Impact - building confidence and self-esteem

Arts For
Impact

BigGive

STANDOUT STATS



Overview 926 people attended Improv workshops and courses

- **100%** learned something new
- **88%** enjoyed their course
- **93%** would recommend us to a friend

Impact Discovering Improv course participants improved their self-esteem and confidence by **19%**

85% say they would do another course or join a drop-in

Vision The **Yes And Fund** - building a bursary to fund people who would otherwise be excluded from improv.



FEEDBACK

Really well structured, they did a great job making everyone feel welcome, I'm definitely going to come back!

Honestly brilliant. Fun.
Funny. Inclusive.
Wholesome. Playful.
Flow-state-inducing!

Bristol Improv Theatre changed my life! Helping me exercise my creativity, improving my confidence and mental health.'

Everyone should do it! It is so fun, and expressive, and freeing. Totally safe, and it has such a great impact on your overall confidence.



www.improvtheatre.co.uk/donate

Registered charity number: 1207613

ONE WEEK. TWICE THE IMPACT

I have made friends, expressed myself in ways I never knew possible and it has improved my quality of life greatly.

Creativity and humour is so fundamental to humanity. This theatre is a true gem in the community.

BIG GIVE WEEK 17-24 MARCH 2026

During Big Give Week every £1 you donate to Bristol Improv Theatre will be doubled. Your support will

- Help reduce social isolation
- Keep our pricing affordable and inclusive for all
- Support exclusive classes for LGBTQ+ and global majority communities

Our Big Give Target £12,000.



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